



CRYO THERAPY

BOOST YOUR SKIN REJUVENATION

**1 SESSION FOR
AED 250 only**

**6 SESSIONS FOR
AED 1000 only**

**12 SESSIONS FOR
AED 1800 only**

ADDITIONAL INFORMATION IN THE CAROUSEL





CRYO THERAPY BENEFITS

- ✓ Stimulates and increases the production of collagen and elastin
- ✓ Releases endorphins and boosts blood circulation
- ✓ Reduces pore size
- ✓ Lowers skin pigmentation
- ✓ Brightens the skin
- ✓ Helps reduce scars, dermatitis, eczema, psoriasis and acne
- ✓ Reduces dark circles
- ✓ Reduces unwanted face fat

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CRYO

THERAPY

QUESTIONS

Is the Cryotherapy facial treatment suitable for everyone?

The Cryotherapy facial treatment is appropriate for all skin types. Since there is no recovery period following the process, this non-invasive therapy is perfect for anyone looking to enhance the health of the skin.

Does the Cryotherapy facial have any contraindications?

In cases of cuts, broken skin, conjunctivitis, herpes simplex, acute skin sensitivity, bruises, recent scar tissue, or sunburns, we will not do the Cryotherapy treatment. Additionally, getting a Cryotherapy facial while pregnant is not advised.

Can you mix a Cryotherapy facial with other facials or injectables?

Clients who already have botox or fillers can still receive a Cryotherapy facial as long as the injections were given at least 14 days before the treatment.

We advise delaying getting any injectable procedures for at least 3 days following the Cryotherapy face treatment.

Additionally, when cold is applied, skin cells can absorb up to 20 times their original essence; hence, Cryotherapy can potentially increase the effect of collagen or vitamin injections.



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THERAPY

QUESTIONS

How long before I get the effects from the Cryotherapy face treatment?

Because Cryotherapy facial treatment instantly produces effects, patients should start experiencing its advantages immediately. However, 6 to 10 sessions are advised for long-lasting results, with maintenance treatments suggested once a month afterwards.

The therapy can be applied daily, but at least three applications weekly are recommended for optimal results.

You might require a Cryo facial every three to five weeks to maintain the effects. Because facials can alter the texture and firmness of skin over time, the more often you go, the more permanent the benefits will be.

What is the duration of the session?

A session usually lasts between 5 and 10 minutes.

The first session will begin with a lower intensity for 5 minutes, then the time and intensity will increase over time.

We should start with low intensity to prevent unintended skin damage, such as burning or redness. Although Cryotherapy is safe, every person's skin type may react differently. Thus, our therapist must keep you comfortable and get the best outcome possible.



HOW TO GET READY?

- ✓ You should arrive for the session with clean skin and no makeup, moisturisers, or creams.
- ✓ You must take off all jewellery
- ✓ Wait at least 2 weeks after getting Botox before getting a Cryo facial
- ✓ Additionally, we advise delaying getting any injectable procedures for at least 3 days following the Cryotherapy face treatment.
- ✓ If you receive injectables like collagen or vitamins, you must wait at least 3 days before getting a Cryotherapy
- ✓ After the session, wait 10 minutes before applying cream or undergoing more facial treatments or shaving.



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